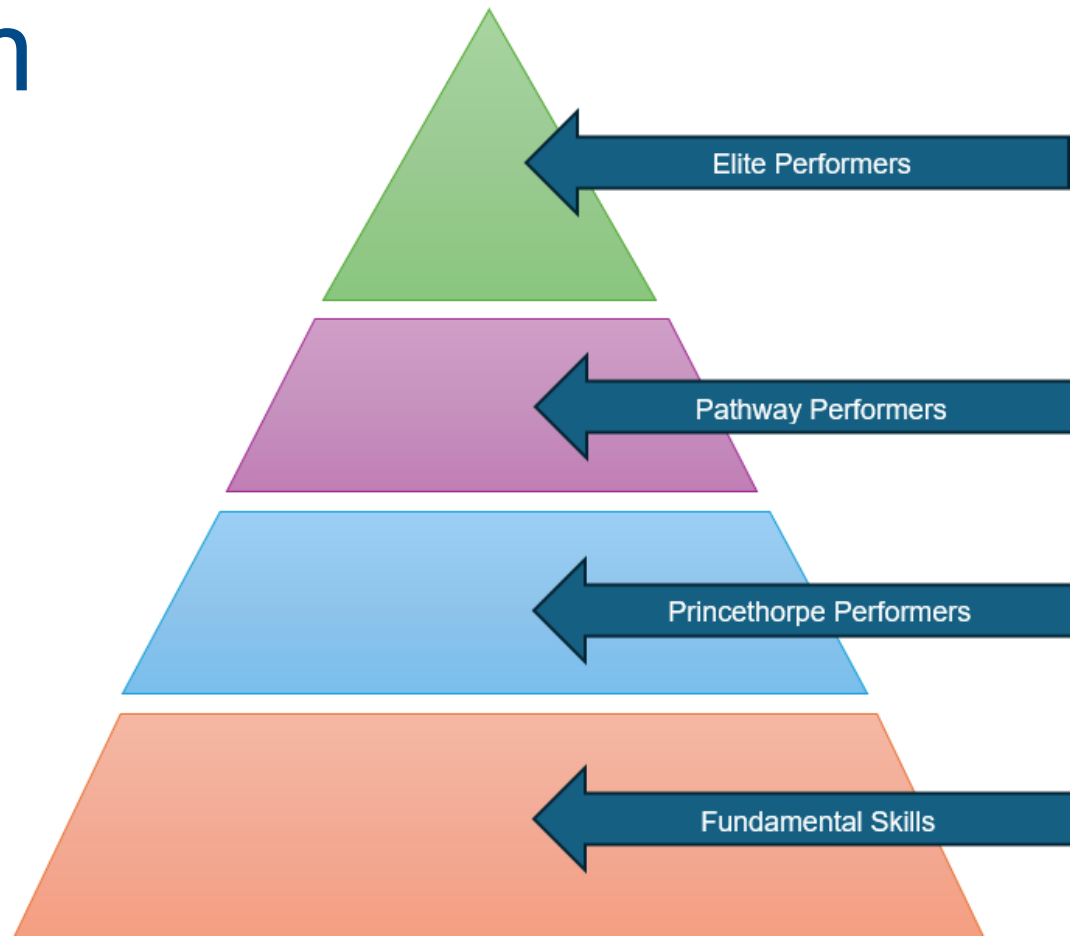


# Talent Development Programme

2024 – 2025

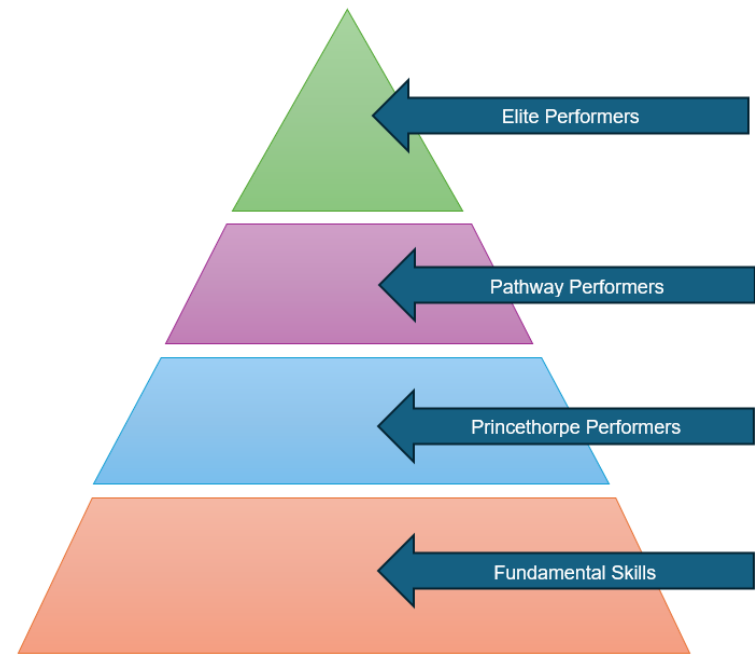
# Tier System



\*TDP staff to make final decisions on tier allocation\*

# Fundamental Skills

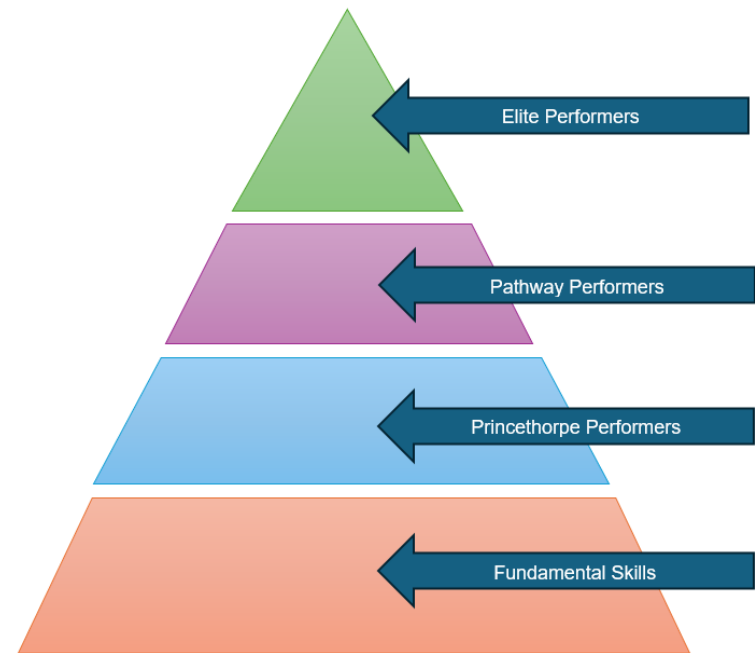
- Pupils in years 7 that demonstrate strong athletic ability with the potential to climb their sporting pathways when of age.
- Pupils who are representing the college A teams in 2 sports.



\*TDP staff to make final decisions on tier allocation\*

# Princethorpe Performers

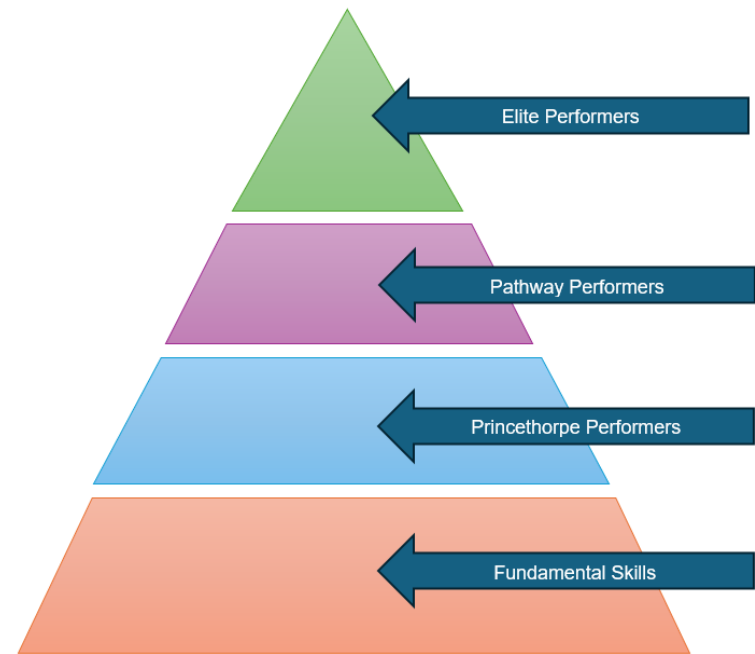
- Pupils in years 8 to 13 that demonstrate strong athletic ability
- Pupils who are representing the college A teams in 2/3 sports
- Pupils that show pride, presence and perseverance in their 2/3 representative sports



\*TDP staff to make final decisions on tier allocation\*

# Pathway Performers

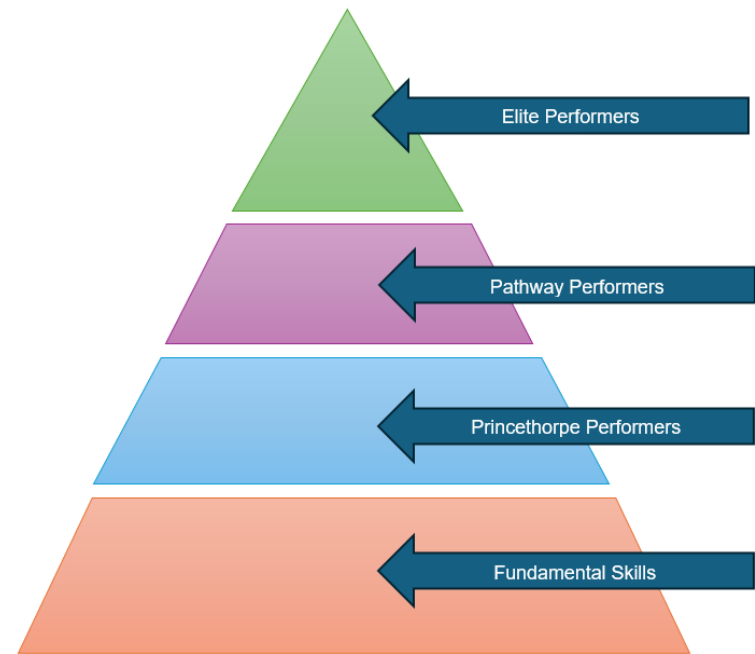
- Pupils on a National Governing Body pathway or equivalent
- Academy Performers



\*TDP staff to make final decisions on tier allocation\*

# Elite Performers

- English Schools Performers
- Franchise Performers
- Talent Academy Performers
- England representation
- International representation



\*TDP staff to make final decisions on tier allocation\*

# Talent Development Programme

Rebranded/ reintroduced in Michaelmas 2024.

## AIMS

- Assist pupils in managing their time between training, competing, resting and studying.
- Help liaise with their coaches/ NGB's regarding their busy schedules.
- Communicating with subject teachers at the college and make them aware of the sporting commitments throughout the week/weekend.
- Offer advice on the pupil's short term and long-term goal setting.
- Offer help and guidance to pupils if they are released from their NGB pathway
- Assist pupils in achieving their potential.

# Pupil Expectations

- Good attitude
- Role model to other pupils in Princethorpe community
- Supporting school sports team
- Good behaviour around school and in other subjects
- Good level of engagement and commitment to the TDP
- Good communication with staff about events
- Attendance at TDP events



# Strength and Conditioning

Pupils have access to a strength and conditioning coach that comes into school and delivers a programme to the pupils to develop their athletic development to aid their sporting performance.

Successful pupils will get to select which lunchtime/ evening they can attend the S&C session via a Microsoft form in the ESP team. The emphasis is on the pupil to communicate with the staff when they can attend or not attend the sessions



# The Vision...

- Individual mentors (Tier 1 and 2)
- Access to Strength & Conditioning coach (Tiers 1 to 4)
- Athletic Development days (Tier 1 and 2)
- Visit to an English Institute of sport (Invited pupils)
- Access to other guest speakers (Tiers 1 to 4)
- Athletic Development days (Tier 1 and 2)

Other factors will be considered such as the individual's attitude, willingness to learn and feedback from other coaches, both within the school and outside of the school. You must fully support Princethorpe College sport in representing the school in both winter and summer sports.

# What is next

- Review of the information → please fill in the form in the flagpole article and give as much detail as possible on your sporting level.
- Parents will receive an email to inform them of the next steps.
- Unsuccessful pupils are to keep us up to date with their sporting progress and can reapply next year.

# Thank You

Any further questions please email Ellie  
Callan at [elliecallan@princethorpe.co.uk](mailto:elliecallan@princethorpe.co.uk)